The urethro-vesical bladder catheterization procedure

I. Verbs followed by to infinitive or –ing form

Some verbs are followed to infinitive, others by –ing form.

Verbs followed by to infinitive include: agree, decide, fail, hope, learn, manage, need, offer, promise, refuse, seem, tend, try, want.

She finally decided to consult a doctor about her problem.
The doctor advised him to stop smoking.
The physician managed to perform the catheterization successfully.
The clinical team need to closely monitor urinary output.
A silicone Foley catheter has a much longer life than a latex-silicone one, so it tends to be preferred for longer-term use.

Verbs followed by +ing include: avoid, consider, dislike, don’t mind, enjoy, finish, give up, imagine, keep, like, miss, practise, prevent, recommend, suggest.

Consider using antimicrobial/antiseptic-impregnated catheters.
I recommend taking the medicine every 6 hours.
The catheter is positioned below the level of the bladder on a clean stand that prevents any part of the catheter drainage system coming into contact with the floor.
He enjoys doing exercise every morning.

II. Making recommendations/ giving advice

Consider the following structures when making recommendations and giving advice:

Giving advice
I advise you to give up smoking.
You should give up smoking.
You’ll have to give up smoking.
If I were you, I’d give up smoking.
Don’t smoke.

Making recommendations
What I would do is take this medicine.
You could try taking this medicine.
I recommend/suggest you (should) take this medicine.
I recommended/ suggest taking this medicine.
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Note:
Suggest/recommend are always followed by –ing form of the verbs or a that-clause with (should +) infinitive (base form of the verb).

I recommend/suggest you should take this medicine.
I recommend/suggest you take this medicine.
I recommend/suggest taking this medicine.

Online resources

http://learnenglish.britishcouncil.org/en/quick-grammar/verbs-followed-ing-or-infinite-1
http://learnenglishleans.britishcouncil.org/grammar-vocabulary/grammar-videos/verb-ing-or-verb-ininfitive
http://www.englishpage.com/gerunds/index.htm
http://www.bbc.co.uk/worldservice/learningenglish_radio/specials/107_gramchallenge45/